

Smoking Cessation

Kentucky Employee Health Plan (KEHP)

- Smoking Cessation Program – Effective 4/1/2006
 - The KEHP will provide benefits for over-the-counter Nicotine Replacement Therapy.
 - Must be a smoker age 18 or older and covered under the KEHP
 - Must participate in an approved Smoking Cessation Program
 - Cooper Clayton
 - Kentucky Tobacco Quit Line
 - Will receive total of three months of NRT in a calendar year



Smoking Cessation

- Cooper Clayton
 - Offered through the Local Health Department in each county.
 - Participant must attend all meetings
 - 13 Weeks – 1 hour meeting
 - Failure to attend a meeting will disqualify participant from receiving NRT the following month.
 - Three months do not have to be 3 consecutive months.
 - If participant starts smoking again after one month, still eligible at a later date for 2 more months



Smoking Cessation Program

- Cooper Clayton Process
 - ✓ Participant enrolls in Cooper Clayton Class
 - ✓ Participant takes voucher to orientation meeting
 - ✓ Facilitator signs and indicates product and dosage
 - ✓ Participant faxes or mails this to DEI
 - ✓ DEI will contact Express Scripts for a prior approval for a one month supply of OTC NRT
 - ✓ DEI faxes or mails voucher back to participant
 - ✓ Participant takes voucher to pharmacist to purchase NRT product
 - ✓ Participant must repeat procedure every month for the 3 months



Smoking Cessation Program

- Free Statewide telephone-based tobacco cessation resource(1-800-QUITNOW)
- Available 9 a.m. to 9 p.m. (EST)
Monday – Friday
- Participant must talk with a counselor at least one time a week.
 - Failure to talk with a counselor will disqualify participant from receiving the NRT the following month.



Smoking Cessation Program

- Kentucky Tobacco Quit Line Process
 - Participant calls the Quit Line (1-800-QUITNOW)
 - The Quit Line counselor works with the participant to set a “quit date”
 - Counselor will complete voucher and send to DEI
 - DEI will contact Express Scripts for prior authorization
 - DEI will fax or mail the voucher to participant
 - Participant takes the voucher to pharmacist to purchase NRT products
 - Participant must repeat procedure every month for the 3 months

